

NSNZ–FONS Conference 2026

Talanoa: Nourishing the Future of Oceania

Sheraton Golf & Beach Resort, Fiji | 3–5 Nov 2026 | nsnzconference.co.nz

Talanoa: Nourishing the Future of Oceania is a regional conference bringing together researchers, practitioners, policy makers and community leaders from across Oceania and beyond.

Inspired by the Pacific tradition of Talanoa, the conference creates a space for open dialogue, shared learning and collaboration to address the nutrition and health challenges facing the region. Through research presentations, community conversations and partnerships, the conference will explore practical solutions to strengthen food systems, improve health equity and support healthier futures for communities throughout Oceania.

Instructions for authors

The Nutrition Society of New Zealand (NSNZ) and Federation of Oceanic Nutrition Societies (FONS) invite authors to submit abstracts for oral presentations or posters for the conference “Talanoa: Nourishing the Future of Oceania.” Abstracts are welcome in any area of nutrition and those that complement nutrition.

Authors must seek approval of all co-authors before submitting an abstract for consideration and supply all names and affiliations. All authors will receive an email confirmation of abstract submission.

Submission

General abstract deadline: 14 August 2026 (8 pm Fiji time).

Abstracts must be submitted through the online submission system, Ex Ordo. You will be required to register with Ex Ordo to create your username and password. All communications, including acknowledgment, acceptance or otherwise, will be electronic via Ex Ordo using the email address you have registered with.

Register with Ex Ordo here <https://nsnz-fons2026.exordo.com/>

Follow the prompts throughout your submission and refer to the “submitting your abstract” guide to help you use the system. Refer to the “Instructions for Submission” document for more detailed information. Follow the prompts through your submission and refer to the “submitting your abstract” guide to aid in using this system. Refer to the Instructions for Submission document for detailed information.

The maximum length of an abstract is 450 words (excluding references). At least one reference should be included, and the references are limited to 50 words. The abstract should not contain headings. You can alter your abstract any time up to the submission deadline (14 August 2026 8pm NZ time) – after this date, changes will not be possible.

Important: All submitted abstracts will be accepted for presentation at the conference to enable presenting authors to register for the conference and make the necessary travel arrangements.

During submission, authors must follow prompts and complete all required fields, including:

- Name, email address and affiliation of each author
- Whether the presenter is a student or a non-student
- Member or non-member of NZNS, FONS or the Nutrition Society of Australia
- Identify the presenting author and the corresponding author
- Preference for oral presentation or poster
- Declaration of any conflict of interests

- List of sources of funding relevant to the research
- Declaration relating to ethics

Note - The corresponding author is generally the person who will take overall responsibility for the abstract now and in the future, and is prepared to answer questions about the research. If you are a student and unsure who this should be, please discuss with your supervisor.

Student Registration Fee

For recent graduates, if you are submitting an abstract from research completed as a student, you only need to pay the conference registration fee for students.

Oral or Poster

When submitting an abstract, authors will be asked if they would like to present a poster or an oral presentation. Where possible, the author's preference will be taken into account when arranging the programme.

Oral presentations or posters are given equal weight and are not differentiated upon publication in Proceedings of the Nutrition Society (PNS).

Student Prizes and Travel Awards

Students are eligible for prizes at the conference if they are a member of the NSNZ and/or FONS.

Travel scholarships for student members of the NSNZ are available for presenting students to apply for, which will contribute in part to conference-related costs. Travel grants for FONS student members are pending confirmation of sponsorship funding.

Information on how to join the New Zealand Nutrition Society (<https://www.nutrition society.ac.nz/>) or FONS is available here: <https://oceanicns.org/join-us>.

Themes

On submission, authors must select which theme (topics) their research falls within from the following topics:

- Food systems, climate change, and planetary health
 - Resilient food systems
 - Traditional and Indigenous food knowledge
 - Sustainable diets
 - Food Security
- Prevention of non-communicable diseases through nutrition
 - Obesity and diabetes prevention
 - Nutrition policy and population health
 - Food environments and behaviour change
 - Community-based prevention strategies
- Maternal, child and adolescent nutrition
 - Early life nutrition
 - Adolescent health and wellbeing
 - Breastfeeding and complementary feeding
 - Intergenerational health
- Indigenous knowledge systems and culturally grounded approaches
 - Indigenous leadership and knowledge systems
 - Culturally responsive programmes
 - Community-driven health solutions
 - Equity in research and policy
- Nutrition data, surveillance, and digital innovation
 - Dietary assessment innovation
 - Digital health and data platforms
 - Strengthening research capacity
- Knowledge translation and implementation into policy and practice
 - Communicating nutrition science
 - Culturally responsive health communication
 - Community co-design approaches

This will help ensure that submissions are assessed by the correct reviewers.

The review process

All submitted abstracts will be reviewed by a scientific and editorial committee consisting of conference organisers, editors and reviewers. Feedback from the reviewers will be communicated to the authors for any revisions to the abstracts.

Publishing of abstracts

All submitted abstracts will be considered for publishing in the Proceedings of the Nutrition Society (PNS). Oral presentations or posters will be given equal weight and are not differentiated upon publication in the PNS. The criteria for publication in PNS are given below. ***Abstracts that do not meet these criteria will not be considered for publication but will be included in the conference digital book.***

PNS Criteria:

1. If you are a student author, you must supply your supervisor's name and contact details.
2. All authors should approve the abstract. This will be assumed once the abstract is submitted via Ex Ordo.
3. Abstracts should not include graphical elements (figures or tables).
4. Abstracts will not be considered for PNS publication for any of the following reasons
 - a. Lack of data/statistics/results
 - b. No objectives/conclusion/methods
 - c. Unoriginal work (previously presented/published)
 - d. Not sufficiently supported by references
 - e. Results not clearly reported
 - f. Conclusion unclear and confusing
 - g. No ethics approval for research with human participants
 - h. Failure to follow the instructions to authors
5. In addition to the above, please provide English translation in parenthesis for all non-English words included in the abstract.

Abstract preparation

Abstracts have a word limit of 450 words (excluding references). References should be limited to 50 words. PNS requires each abstract to include at least one reference. For example, a reference to support background information or particular methods might be appropriate. Abstracts should not have any section headings such as background, methods etc.

Formatting:

Title: Use an initial capital letter only for the first word and for proper nouns. Abbreviations should not be used in the title.

Statistics: Indication should be given of the variability of replicated results and significance of any stated differences. A brief account of any statistical methods should be provided.

References: References should be presented as shown in the examples below. Citations should be numbered consecutively in the order in which they first appear in the text of your abstract using superscript Arabic numerals in parentheses i.e. ⁽¹⁾. The name of the journal should be abbreviated (<http://bit.ly/journalabbreviation>) and in italics.

Reference example

1. Collins A, Azqueta A & Langie S (2012) *Eur J Nutr* 51, 261-279
2. Normanton H, Houdijk JGM, Jessop NS et al. (2007) *Br J Nutr* 97, 104–110
3. Tindall AM & Stallings VA (2021) *Ann Hum Biol* 48(6), 517-524
4. Tooze JA (2010) *Stat Med* 29, 2857-2868
5. Lowensohn RI, Stadler DD & Naze C (2016) *Obstet Gynecol Surv* 71(7), 413-26
6. National Institute for Health and Care Excellence (NICE) (2017) Nutrition support for adults: oral nutrition support, enteral tube feeding and parenteral nutrition [Available at: <https://www.nice.org.uk/guidance/cg32>]

Author and institution: Please list all authors' initials, surnames and institutions as below. If there is more than one name and address, they should be related by superscript numbers .

Author and institution examples

1) J. Jess¹, H. Taylor¹ and P. Hickford²

1. Faculty of Health & Social Sciences, Bournemouth University, Bournemouth, UK

2. The Royal Bournemouth NHS Trust, Bournemouth, UK.

2) U. M. Leonard¹, C. L. Leydon^{2,3}, E. Arranz^{1,4} and M. E. Kiely¹

1. Cork Centre for Vitamin D and Nutrition Research, School of Food and Nutritional Sciences, University College Cork, Cork, Ireland

2. School of Public Health, University College Cork, Cork, Ireland

3. Department of Agrifood Business and Spatial Analysis, Teagasc Food Research Centre, Ashtown, Dublin, Ireland

4. Department of Nutrition and Food Science, Faculty of Pharmacy, Complutense University of Madrid, Madrid, Spain.

Keywords: Please supply up to four keywords related to your abstract. Separate keywords using a semi-colon.

Examples of published abstracts from the 2024 conference:

<https://www.cambridge.org/core/journals/proceedings-of-the-nutrition-society/issue/E59797D7D54A6B284658DB1521C3C988>

Support:

1. For general conference enquiries: info@nutritionandsociety.ac.nz

2. For abstract submission queries: abstracts@nutritionandsociety.ac.nz

3. If you need support from Ex Ordo then use the contact Ex Ordo option on the dashboard:

Note that Ex Ordo are very quick in responding to queries but they are based in Ireland so there may be a delay due to time zones.

Abstract promotion:

The NSNZ & FONS communications teams may promote your accepted abstract in the lead-up to the conference. This is optional for you to consent to, and you should discuss this with your co-authors first. Abstract promotion will be arranged by the NSNZ & FONS communications teams and may be used on the NSNZ & FONS website, newsletter and social media. If all co-authors agree, you will be asked in the abstract submission portal to please provide:

- Presenting author headshot
- Presenting author social media handles
- 3 abstract highlights as bullet points (100-150 words in total)